



Your Wellness Oasis Awaits

Feel better. Do more. Live fully.



sunlighten
LIGHT FOR LIFE

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Sunlighten is committed to delivering effective, innovative, and affordable wellness products for healthier living. We want to be the clear choice for anyone seeking greater wellness and vitality—and we work hard every day to make each of our customers feel hopeful, valued, and connected to the Sunlighten family.

Crafted To Perfection

Sunlighten manufactures our saunas in Vietnam, and we are the ONLY sauna manufacturer in the world that is directly involved in every step of the production process. We source all raw materials and oversee all stages to a final product. The process of each Sunlighten sauna is a labor of love, performed by true craftsmen who focus on the natural beauty of hand-selected wood, the precision of every cut, and the detail of three separate quality checks before it is carefully delivered to your door.

Quality, Non-Toxic Materials

You'll see an intentional difference in the level of craftsmanship between a cheap, mass produced sauna and a hand-crafted, carefully detailed Sunlighten. Our proprietary SoloCarbon® heater design and exclusive manufacturing process allows us to mitigate EMFs to levels that are virtually undetectable. And, you'll find we've gone the extra mile in every detail to ensure our products are non-toxic.

Research Informs Everything We Do

In the wellness space, infrared sauna therapy moves along the spectrum between alternative approaches to traditional medicine. Behind every innovation, supporting every claim, you will find Sunlighten depends on a wide range of data, research, testing and thought, as we bring infrared to the world.



HEALTH BENEFITS

Wellness is within reach because infrared's healing light energy has been proven in many ways to help our bodies feel better.



Detoxification

Sweat better. It's one of the body's safest and most natural ways to heal and maintain good health. Sunlighten's high-quality infrared promotes effortless, deep, productive sweat.



Weight Loss

Increase metabolism. Burn calories. Far infrared sauna wavelengths in all Sunlighten saunas create a passive workout, stimulating sluggish metabolism and improving fat burning.



Relaxation

Truly relax and de-stress. Step into your peaceful wellness sanctuary and experience therapeutic heat that leaves you feeling physically restored and mentally refreshed.



Heart Health

Strengthen your heart. Infrared sauna therapy acts like a passive cardio workout, which helps your heart by improving circulation and even helping reduce blood pressure.



Muscle Recovery

Recover faster. Infrared helps deliver more oxygen to muscle cells for faster repair and pain relief.



Anti-Aging

Renew your skin. Harness a scientifically proven "fountain of youth" and revitalize your skin's appearance. Near infrared LED technology increases collagen and elastin. Far infrared waves increase circulation, helping regenerate cells.



Sleep

Improve your sleep. The time you spend in your sauna can help you get better rest by creating a routine that supports relaxation and a healthy circadian rhythm you want to enjoy.



Immunity

Stay healthy. The natural preventive properties of Sunlighten's patented heating technology helps your cell health and overall immunity.

OUR INFRARED

Nature brings us infrared light. It's the healthy, healing rays that come from the sun. You've felt infrared your entire life. Infrared's healing rays are felt on our skin as warmth, and are absorbed by our bodies to help them detoxify, relax, improve circulation, recover faster, sleep better, age well and help us feel good.

Infrared Is Not Created Equally

Infrared heaters may all look alike—a wood-framed black box—but not all infrared heaters are alike. It's the science behind the heater that tells the real story. Sunlighten worked with chemistry expert Dr. Ronald Lewarchik to develop our patented coating to create a highly emissive surface. This first-of-its-kind heater changed the industry. The result: a unique finish that maximizes the highest *quality* and *quantity* of infrared available.

Patented SoloCarbon Far Infrared

Sunlighten SoloCarbon far infrared heating panels are the most effective far infrared sauna heaters on the market today. Scientific research shows that far infrared is most therapeutic in high concentrations. SoloCarbon panels are proven 99% emissive, meaning that 99% of the energy being produced is in the therapeutic range to increase core body temperature for a deep, detoxifying sweat.

Patented SoloCarbon 3 in 1^o Infrared

When you want all the health benefits infrared provides, you need a heater that can manage all three wavelengths. Near, mid and far each interact differently with our bodies, and provide different benefits. To create each one requires different conditions. It's impossible to deliver these three peak wavelengths at one time from a single source because each requires a different temperature. That's why Sunlighten developed a unique technology that combines three heating elements in one sauna heater.

Near (880 nanometers)



Mid (6.7 microns)



Far (9.4 microns)





mPulse Conquer

mPulse

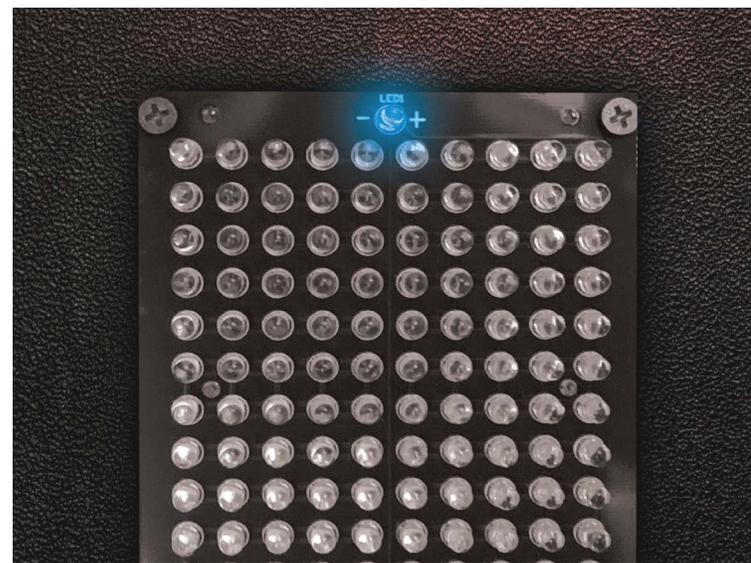
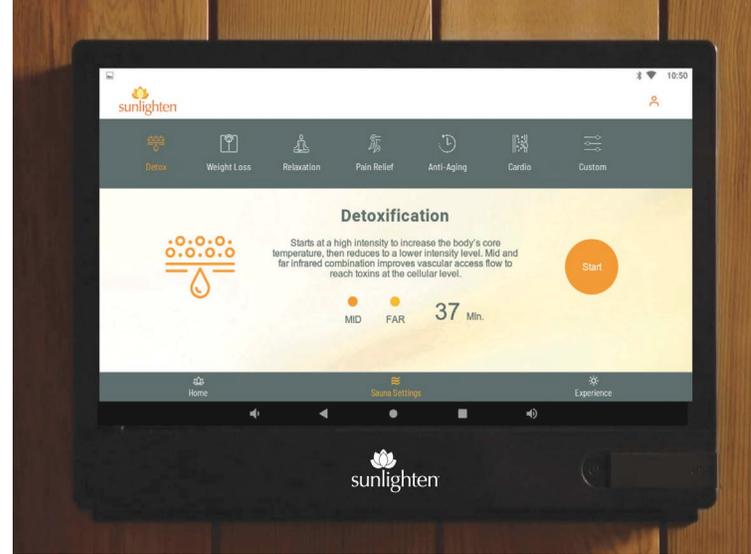
Customizable Near, Mid, and Far Infrared Sauna

When you own an mPulse® 3 in 1® infrared sauna, taking care of yourself becomes empowering, enjoyable and effective. An all-encompassing full body wellness sanctuary, mPulse gives you everything. Stunning design, quality craftsmanship, attention to every detail, superior safety. Even more, customized wellness lives at your fingertips with this incredibly smart sauna you can tailor to your health goals. No other sauna in the world can do that.

3 in 1 – The optimal dose of each IR wavelength.

You want to receive the infrared waves your body receives best so that you get the maximum health benefit. Unlike any other infrared heater, our patented 3 in 1 delivers the perfect wavelength of each infrared wave, like dialing in a specific radio station. You get precise near, mid and far wavelengths for optimal results.

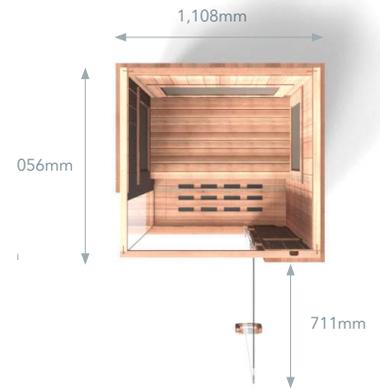
We innovated the 3 in 1 heater using 50+ data points from 37 3rd-party clinical research studies to create different combinations of each wavelength to deliver specific health benefits. Made possible with NASA-inspired tech. Our SoloCarbon coating delivers 99% effective infrared meaning your body absorbs it almost perfectly. The LED panel gives you a built-in near infrared light therapy system.



Smart sauna technology.

- Customized health programs - Simply select one of six pre-set health benefit programs displayed on the touchscreen (detoxification, pain relief, anti-aging, heart health, relaxation and weight loss), then sit back and let the healing rays do their work
- 10" Android-powered control pad to schedule sessions, watch your favorite streaming services or listen to your music or podcasts
- Premium Blaupunkt sound system connected to the control pad as well as Bluetooth capable
- Exclusive CELLIANT heater covers transforming your body heat into infrared energy
- Built-in chromotherapy to help bring you balance
- Unwind and de-stress with Acoustic Resonance Therapy - offered as an upgrade

mPulse Aspire



PANELS

Roof panel: 1,108mm W x 1,056mm D x 68mm T
Floor panel: 1,108mm W x 1,056mm D x 68mm T
Front wall: 1,080mm W x 1,831mm D x 71mm T
Back wall: 1,052mm W x 1,831mm D x 71mm T
Right wall: 1,028mm W x 1,831mm D x 71mm T
Left wall: 993mm W x 1,831mm D x 71mm T
Glass door: 771mm W x 1,745mm D x 8mm T
Side glass: 285mm W x 1,773mm D x 8mm T
Bench: 960mm W x 555mm D x 150mm T

ASSEMBLED

Exterior: 1,108mm W x 1,056mm D x 1,993mm H*
 *51mm feet included
Interior: 962mm W x 912mm D x 1,813mm H
Bench: 961mm W x 550mm D x 514mm H
Heaters: 6 FIR, 4 MIR, 3 NIR

Available in:

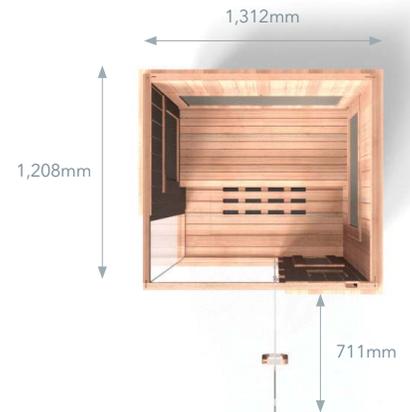


ELECTRICAL

Electrical: 230V 2000W 8.7A
 3m cord exits from back left of floor (when facing sauna)
Outlet specifications:



mPulse Believe



PANELS

Roof panel: 1,312mm W x 1,208mm D x 68mm T
Floor panel: 1,312mm W x 1,208mm D x 68mm T
Front wall: 1,284mm W x 1,831mm D x 71mm T
Back wall: 1,256mm W x 1,831mm D x 71mm T
Right wall: 1,180mm W x 1,831mm D x 71mm T
Left wall: 1,145mm W x 1,831mm D x 71mm T
Glass door: 711mm W x 1,745mm D x 8mm T
Side glass: 342mm W x 1,773mm D x 8mm T
Bench: 1,165mm W x 555mm D x 150mm T

ASSEMBLED

Exterior: 1,312mm W x 1,208mm D x 1,993mm H*
 *51mm feet included
Interior: 1,170mm W x 1,065mm D x 1,813mm H
Bench: 1,167mm W x 550mm D x 514mm H
Heaters: 6 FIR, 5 MIR, 4 NIR

Available in:

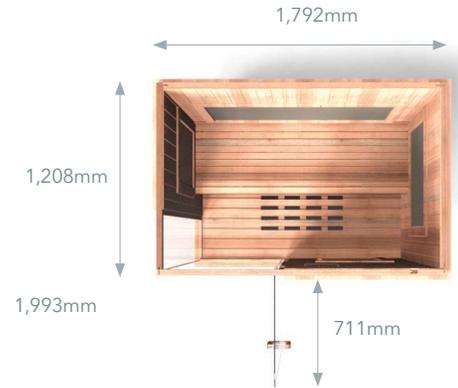


ELECTRICAL

Electrical: 230V 2400W 10.43A
 3m cord exits from back left of floor (when facing sauna)
Outlet specifications:



mPulse Conquer



PANELS

Roof panel: 1,792mm W x 1,208mm D x 68mm T
Floor panel: 1,792mm W x 1,208mm D x 68mm T
Front wall: 1,762mm W x 1,831mm D x 71mm T
Back wall: 1,735mm W x 1,831mm D x 71mm T
Right wall: 1,179mm W x 1,831mm D x 71mm T
Left wall: 1,145mm W x 1,831mm D x 71mm T
Glass door: 711mm W x 1,745mm D x 8mm T
Side glass: 342mm W x 1,773mm D x 8mm T
Bench: 1,647mm W x 555mm D x 150mm T

ASSEMBLED

Exterior: 1,792mm W x 1,208mm D x 1,993mm H*
 *51mm feet included
Interior: 1,648mm W x 1,065mm D x 1,813mm H
Bench: 1,646mm W x 550mm D x 514mm H
Heaters: 8 FIR, 7 MIR, 5 NIR

Available in:

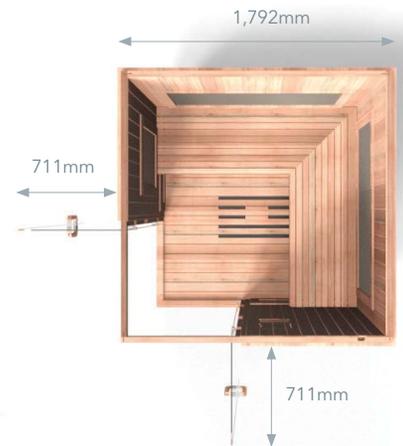


ELECTRICAL

Electrical: 230V 3300W 14.35A
 3m cord exits from back left of floor (when facing sauna)
Outlet specifications:



mPulse Discover



PANELS

Roof panel: 1,792mm W x 1,792mm D x 68mm T
Floor panel: 1,792mm W x 1,792mm D x 68mm T
Front wall: 1,762mm W x 1,831mm D x 71mm T
Back wall: 1,735mm W x 1,831mm D x 71mm T
Right wall: 1,763mm W x 1,831mm D x 71mm T
Left wall: 1,728mm W x 1,831mm D x 71mm T
Glass door: 711mm W x 1,745mm D x 8mm T
Side glass: 711mm W x 1,745mm D x 8mm T
Bench 1: 1,650mm W x 555mm D x 150mm T
Bench 2: 1,640mm W x 555mm D x 150mm T

ASSEMBLED

Exterior: 1,792mm W x 1,792mm D x 1,993mm H*
 *51mm feet included
Interior: 1,648mm W x 1,646mm D x 1,813mm H
Bench: 1,646mm W x 550mm D x 514mm H
Heaters: 12 FIR, 11 MIR, 7 NIR

Available in:



ELECTRICAL

Electrical: 230V 4200W 18.04A
Requires hard-wired dedicated outlet
 3m cord exits from back left of floor (when facing sauna)





ACCESSORIES

Enhance your experience.

With each element you elevate, your sauna becomes an even more special space to relax, and a more effective wellness retreat. You can choose an enhancement that provides additional therapeutic benefits, or plush performing accessories for functionality and aesthetic beauty.

SAUNA UPGRADES

Acoustic Resonance Therapy (A.R.T.) Speakers

Unwind and de-stress even more in your sauna with A.R.T. from So Sound®. Patented sound discs attach to specific spots in your sauna, and an amplified audio signal resonates sound waves. You *feel* the music you're also hearing. It creates an enhanced sensory experience for better relaxation and rejuvenation.



Pure Sweat

Maximize your sauna session or workout by using our specially-formulated sweat amplifying cream. Pure Sweat works with your body to give you faster results: multiplies sweating, increases circulation, enhances vasodilation, accelerates caloric burn, helps release toxins, fights muscle fatigue, and targets slow-to-respond areas. **Sweat harder, sweat earlier.**

Backrest

If you picture yourself leaning back or laying down in your sauna, this structured support takes weight off your back. We designed a movable, multi-use backrest to give you choices for additional body support for different lounging positions during your sauna sessions. Versatile: stand it up, lay it down, move it around as you need. Match the wood type to your sauna (basswood, cedar, eucalyptus). Drape a CELLIANT towel around it for extra comfort.



MAINTENANCE



Natural Cleaning Kit

Have peace of mind when you clean your sauna with our all-natural, non-toxic cleaners made specifically for use with your sauna. The kit includes sauna cleaner, glass cleaner, sanding sponge, and microfiber cloth.

- 100% natural, plant-based
- Safe on delicate surfaces
- Fragrance free
- Recyclable packaging
- Concentrated to produce 16 gallons of cleaner

Natural Wood Cleaner

Give your sauna the best care you can with our natural sauna wood cleaner made specifically for your Sunlighten sauna. Formulated from the latest and safest technologies available, it is effective and gentle enough to be used on any interior or exterior wood surface.

- Non-toxic, no solvents, sulfates, glycols or phthalates
- Ideal for the untreated interior wood - won't leave stains or wet spots
- Unscented - great for anyone with asthma, allergies, or sensitivities to scents or perfumes
- Convenient spray bottle with concentrated formula for direct application on especially dirty areas
- Dilute for typical cleaning

Natural Glass Cleaner

Safely and successfully keep your glass sauna door spotless with our all-natural glass cleaner made specifically for Sunlighten saunas. Our concentrated plant-based cleaner is non-toxic, free of solvents, sulfates, glycols and phthalates.

Sauna Cover

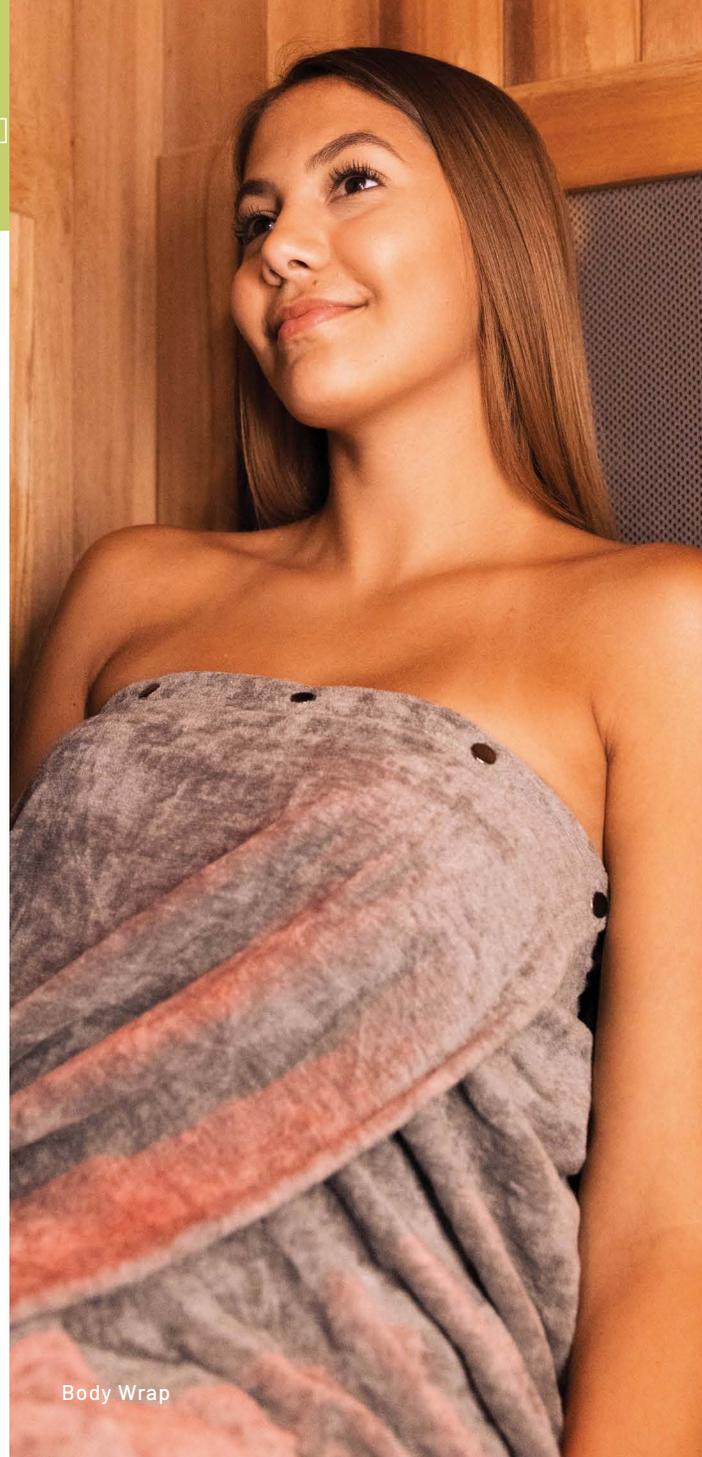
No room indoors? We've got you covered. Each Sunlighten water-resistant sauna cover is custom-made with quality commercial fabric, perfect for the great outdoors. Your cover keeps your sauna protected year-round AND your warranty intact for outdoor use. It withstands years of exposure without fading, cleans easily with mild soap and water, and is bleach cleanable for mildew or tougher stains.



Sauna Cover

COMFORT

The details make the difference and you can create an even more comfortable and productive session with these additions. We've infused our luxuriously soft fabric with CELLIANT, a heat-reactive mineral mix that reflects your body's heat and returns it as additional infrared energy. Let the fabric work for you while you relax and enjoy the benefits.



Body Wrap



CELLIANT®

An even better infrared experience.

CELLIANT's mineral mix converts body heat into infrared energy and returns it to your body in a natural and safe way.



Natural Minerals



Embedded in Yarn



Durable



Validated Science

Comfort Continued



Hand and Bath Towels



Throw Pillow



Throw Pillow Cover

Cushion Covers

Our CELLIANT cushion covers are tailored for every Sunlighten sauna cushion configuration.



Sauna Cushion



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RoHS    